Course Syllabus

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MW383

Course Title: Well Woman Provision of Care

Credits: 1.0

Course Description:

This course is designed to guide students through the basic principles of providing care during the interconception, pre-conception, and menopause. The course gives a thorough overview of topics that are relevant to a midwife providing gynecological care and a strong base upon which the student can develop their understanding of how this type of care fits into the scope of practice of a midwife. This course uses current research in midwifery and obstetrics to broaden the student's understanding of the NARM skills and MEAC essential competencies learned under clinical supervision.

Learning Objectives

<u>Learning objectives</u> are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

Learning Activities

Well Woman Courses

Read, listen to, watch assigned lesson materials.

Submit a written summary of current research.

Complete oral and/or written formative didactic assessments with a final summative submission.

Identify and cite high-quality sources.

Use articulated reasoning while participating in an oral presentation, facilitated discussions and skills demonstrations.

Optional: Participate in a skills demonstration and/or role playing activity.

Create an infographic, handout, and/or community resource.

Optional: Develop a study aid.

Complete a final exam.

Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.

<u>Learning Materials / Resources:</u>

Please use textbooks less than 5 years old or most recent edition.

- 1. <u>Tharpe et al. Clinical Practice Guidelines for midwifery and women's health. 3rd edition. Jones and Bartlett Publishing. 2017. (http://www.worldcat.org/title/clinical-practice-guidelines-for-midwifery-womens-health/oclc/178110847/editions?editionsView=true&referer=br)</u>
- 2. Planned Parenthood website 2017. www.plannedparenthood.org/)
 (https://www.plannedparenthood.org/))
- 3. Averting AIDS and HIV website 2017. www.avert.org (WWW.avert.org)
- 4. Amplify your voice website 2017. Health Topics. www.amplifyyourvoice.org)
- 5. Centers for Disease control and Prevention. LGBT Health. Website 2017. www.cdc.gov/lgbthealth (www.cdc.gov/lgbthealth)
- 6. <u>Varney et al.</u>. <u>Varney's Midwifery. 5th edition. Jones and Bartlett Learning. 2015.</u> (http://www.worldcat.org/title/varneys-midwifery/oclc/913506930?referer=br&ht=edition)
- 7. MEAC Abbreviated NARM Skills Form

(http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/Form-NARMSkills.pdf)

- 8. <u>MEAC Core Competencies for Midwives (http://meacschools.org/wp-content/uploads/2014/12/Curriculum-Checklist-of-Essential-Competencies-rev-2014.pdf)</u>
- 9. Midwives Model of Care® (http://cfmidwifery.org/mmoc/define.aspx)
- 10. Students must find 1 article/study less than 5 years old. Recommended internet links as needed for latest developments in midwifery care:
- The Cochrane Collaboration (http://www.cochrane.org/)
- EBSCO (http://ejournals.ebsco.com/login.asp?bCookiesEnabled=TRUE)
- National Library of Medicine (https://www.nlm.nih.gov/)
- PubMed (https://www.ncbi.nlm.nih.gov/pubmed/)
- ScienceDirect (http://www.sciencedirect.com/)

- Medscape (http://www.medscape.com/womenshealth)
- World Health Organization (http://www.who.int/en/)

Evaluation Tools / Methods:

The minimum passing grade for all courses is a cumulative 80% / B-. Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of general education courses supervision is completed.

All assignments for this course are evaluated using the following criteria:

- 1. Responses to each didactic assessment are evaluated utilizing the NCM rubrics and degree level profile.
- 2. Answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
- 3. Non-plagiarized paraphrased answers from the text which demonstrate appropriate comprehension of the learning objective. (Formative Assessment) Students and preceptors are encouraged to work together until the student masters the information. (Summative Assessment)
- 4. Random evaluation of cited sources and page numbers for each written assignment.

Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the Learning Objectives to the level of 80% for midwifery courses and 70% for general education courses and to complete any learning activities to the preceptor's satisfaction, including any time spent face to face with the preceptor. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.

Course Summary:

Date	Details
Tue Jul 25, 2017	Office Hours (https://ncm.instructure.com/calendar? event_id=161&include_contexts=course_193) 8am to 9am
	A Note on Community Building Activities (https://ncm.instructure.com/courses/193/assignments/11029)
	A-2: Read and Write Handout (https://ncm.instructure.com/courses/193/assignments/11123)
	A-3: Using this chart (https://ncm.instructure.com/courses/193/assignments/11124)
	Cervical Screening App (https://ncm.instructure.com/courses/193/assignments/11120)

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- Create a Handout (https://ncm.instructure.com/courses/193/assignments/11121)
- Exams and Quizzes (https://ncm.instructure.com/courses/193/assignments/11031)
- Highly Recommended Optional Enrichment Activities (https://ncm.instructure.com/courses/193/assignments/13470)
- Journal Article Summary
 (https://ncm.instructure.com/courses/193/assignments/11032)
- MW383-001 Discuss what midwives have to offer to women seeking well-woman care. (https://ncm.instructure.com/courses/193/assignments/10899)
- MW383-002 How does well-woman midwifery care differ from well-woman care offered by doctors?

(https://ncm.instructure.com/courses/193/assignments/10901)

- MW383-003 Discuss cancer prevention during well woman care. What types of cancers are targeted by well-woman care?

 (https://ncm.instructure.com/courses/193/assignments/10902)
- MW383-004 Explain when a woman seeking well-woman care should be referred to a physician for consult and why.

 (https://ncm.instructure.com/courses/193/assignments/10905)
- MW383-005 Briefly discuss how societal views of sex and the female body influence the way that sexual and reproductive health care is provided.

 (https://ncm.instructure.com/courses/193/assignments/10906)
- MW383-006 Briefly describe how individual views of sex and the female body influence the way that sexual and reproductive healthcare are provided. (https://ncm.instructure.com/courses/193/assignments/10908)
- MW383-007 Describe some of the economic barriers that prevent full access to adequate and timely well-woman care for many people in the US. (https://ncm.instructure.com/courses/193/assignments/10910)
- MW383-008 Describe some of the social barriers that prevent full access to adequate and timely well-woman care for many people in the US.

 (https://ncm.instructure.com/courses/193/assignments/10912)
- MW383-009 Discuss the current recommendations for frequency of Pap smears/tests. (https://ncm.instructure.com/courses/193/assignments/10913)
- MW383-010 Discuss the rationales behind this recommendation and the controversies surrounding it.

 (https://ncm.instructure.com/courses/193/assignments/10916)
- MW383-011 Discuss the time-interval in which well-woman visits should be scheduled. (https://ncm.instructure.com/courses/193/assignments/10917)
- MW383-012 What factors might influence the frequency of well-woman appointments? (https://ncm.instructure.com/courses/193/assignments/10920)
- MW383-013 What aspects of a client's social history are important to understand at the onset of well-woman care?

 (https://ncm.instructure.com/courses/193/assignments/10922)

Date

DetaMW383-014 - What aspects of a client's obstetric history are important to

understand at the onset of well-woman care?

(https://ncm.instructure.com/courses/193/assignments/10924)

MW383-015 - What aspects of a client's sexual history are important to understand at the onset of well-woman care?

(https://ncm.instructure.com/courses/193/assignments/10926)

MW383-016 - What aspects of a client's medical history are important to understand at the onset of well-woman care?

(https://ncm.instructure.com/courses/193/assignments/10927)

MW383-017 - What aspects of a client's family history are important to understand at the onset of well-woman care?

(https://ncm.instructure.com/courses/193/assignments/10930)

MW383-018 - Discuss the role of trust in the midwife/client relationship when providing well-woman care.

(https://ncm.instructure.com/courses/193/assignments/10931)

MW383-019 - How can trust be cultivated in the midwife/client relationship with regards to a well-woman care?

(https://ncm.instructure.com/courses/193/assignments/10933)

- MW383-020 Discuss the ways that well-woman care can be tailored to young women at menarache. Include aspects of teaching that should be included. (https://ncm.instructure.com/courses/193/assignments/10935)
- MW383-021 Discuss the ways that well-woman care can be tailored to young women at menarache. Include aspects of teaching that should be included. (https://ncm.instructure.com/courses/193/assignments/10937)
- MW383-022 Discuss the ways that well-woman care should be adapted for teens who are sexually active.

(https://ncm.instructure.com/courses/193/assignments/10939)

- MW383-023 Discuss the ways that well-woman care should be adapted to women who are experiencing chronic infections or reproductive tract disease. (https://ncm.instructure.com/courses/193/assignments/10941)
- MW383-024 Discuss the ways that well-woman care should be adapted to women who are survivors of cancer.

(https://ncm.instructure.com/courses/193/assignments/10942)

MW383-025 - Discuss the ways that well-woman care should be adapted to women who are seeking contraception.

(https://ncm.instructure.com/courses/193/assignments/10944)

- MW383-026 Discuss how family planning might be adapted to women whose spiritual/religious beliefs prevent them from using some or all forms of contraception. (https://ncm.instructure.com/courses/193/assignments/10946)
- MW383-027 Discuss the ways that well-woman care should be adapted to women who are experiencing intimate partner violence.

 (https://ncm.instructure.com/courses/193/assignments/10948)
- MW383-028 Discuss the ways that well-woman care might be adapted to women with a history of sexual abuse.

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(https://ncm.instructure.com/courses/193/assignments/10949)

MW383-029 - Discuss the ways that well-woman care might be adapted to women who are entering menopause.

(https://ncm.instructure.com/courses/193/assignments/10951)

MW383-030 - Discuss the ways that well-woman care might be adapted to women who are entering menopause.

(https://ncm.instructure.com/courses/193/assignments/10952)

MW383-031 - Discuss the ways that well-woman care might be adapted to women who are experiencing an unwanted pregnancy.

(https://ncm.instructure.com/courses/193/assignments/10954)

MW383-032 - Discuss the ways that well-woman care might be adapted to women who are experiencing an unwanted pregnancy.

(https://ncm.instructure.com/courses/193/assignments/10956)

MW383-033 - Discuss the ways that well-woman care might be adapted to women who are worried about infertility.

(https://ncm.instructure.com/courses/193/assignments/10957)

MW383-034 - Discuss the ways that well-woman care might be adapted to women who have a strong family history of breast cancer.

(https://ncm.instructure.com/courses/193/assignments/10959)

MW383-035 - Discuss the ways that well-woman care might be tailored to women who are struggling with eating disorders/body image issues.

(https://ncm.instructure.com/courses/193/assignments/10961)

MW383-036 - Discuss the ways the well-woman care might be adapted to women who are physically differently-abled.

(https://ncm.instructure.com/courses/193/assignments/10963)

MW383-037 - Discuss the ways that well-woman care might be adapted to women who struggle with mental illness.

(https://ncm.instructure.com/courses/193/assignments/10964)

MW383-038 - Describe difference between sex and gender. (https://ncm.instructure.com/courses/193/assignments/10966)

MW383-039 - Define intersex.

(https://ncm.instructure.com/courses/193/assignments/10968)

MW383-040 - Define transgender and gender-variant.
(https://ncm.instructure.com/courses/193/assignments/10969)

MW383-041 - Discuss how your gender bias as a practitioner might affect the way that you provide well-woman care.

(https://ncm.instructure.com/courses/193/assignments/10971)

MW383-042 - Discuss offering well-person care to transgender, gender-variant or intersex people. How might well-woman care be adapted to meet the needs of people with gender identities that are not considered "gender-normative"? (https://ncm.instructure.com/courses/193/assignments/10972)

MW383-043 -Define sexual orientation.

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(https://ncm.instructure.com/courses/193/assignments/10975)

MW383-044 - Define heternormativity.

(https://ncm.instructure.com/courses/193/assignments/10976)

MW383-045 -Discuss the role of safer-sex education in well-woman care. (https://ncm.instructure.com/courses/193/assignments/10978)

MW383-046 - Describe at least 3 ways to discuss safer-sex education with a client without knowing how they self-identify in terms of gender.

(https://ncm.instructure.com/courses/193/assignments/10979)

MW383-047 - Discuss at least three ways that safer sex education can be provided in a manner that is inclusive of diverse sexual orientation.

(https://ncm.instructure.com/courses/193/assignments/10982)

MW383-048 - Discuss the importance of the midwife's own comfort level with talking about sex in relation to providing well-woman care.

(https://ncm.instructure.com/courses/193/assignments/10983)

MW383-049 - Discuss how personal race and class bias can influence the provision of well-woman care.

(https://ncm.instructure.com/courses/193/assignments/10985)

MW383-050 - Discuss how personal bias toward differently-abled people can influence the provision of well-woman care.

(https://ncm.instructure.com/courses/193/assignments/10986)

MW383-051 - Discuss how personal bias toward differently-abled people can influence the provision of well-woman care.

(https://ncm.instructure.com/courses/193/assignments/10989)

MW383-052 - Discuss what information about diet should be included in routine well-woman care.

(https://ncm.instructure.com/courses/193/assignments/10990)

MW383-053 - Discuss confidentiality when providing well-woman care. (https://ncm.instructure.com/courses/193/assignments/10992)

MW383-054 - Discuss confidentiality when providing well-woman care. (https://ncm.instructure.com/courses/193/assignments/10995)

MW383-055 - Discuss how to counsel women who are seeking to terminate a pregnancy. (https://ncm.instructure.com/courses/193/assignments/10996)

MW383-056 - What types of resources might women who are seeking to terminate a pregnancy need to be referred for?

(https://ncm.instructure.com/courses/193/assignments/10999)

MW383-057 - Discuss how counseling about alcohol and drug use can be a part of routine well-woman care.

(https://ncm.instructure.com/courses/193/assignments/11000)

Optional NARM Like Exam

(https://ncm.instructure.com/courses/193/assignments/11027)

Doptional: Create a Set of Flashcards to Study for the NARM Exam

Date	Details	Details		
	(https://ncm.instructure	com/courses/193/assignments/15234)		
	Religion and Contrac	<u>eption</u>		
	(https://ncm.instructure	com/courses/193/assignments/11333)		
	Sharing What You've	Learned		
	(https://ncm.instructure	com/courses/193/assignments/11122)		
		Course and Instructor		
<u></u> 6	(https://ncm.instructure	com/courses/193/assignments/11005)		
	Updated Knowledge a	nd Technology com/courses/193/assignments/11035)		
	(https://ncm.instructure	com/courses/193/assignments/11035)		