

Course Syllabus

[Jump to Today](#) [Edit](#)

Course Code: MW 340

Course Title: Post Partum Basic Skills

Credits: 1.0

Course Description:

This course provides a basic academic foundation from which students will build a comprehensive understanding of the basic skills used by a midwife caring for a healthy client during the postpartum period. This course covers the use of techniques, instruments, and equipment that are essential to assessing and helping to maintain the physical well-being of a client after birth. Information in this course is framed in the context of OSHA regulations as they relate to the midwifery workplace, and clinical skills most commonly practiced by Certified Professional Midwives.

This course uses current research in midwifery and obstetrics to broaden the student's understanding of the NARM skills and MEAC essential competencies learned under clinical supervision.

Learning Objectives

Learning objectives are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

Learning Activities

Postpartum Courses

Read, listen to, watch assigned lesson materials.

Submit a written summary of current research.

Complete oral and/or written formative didactic assessments with a final summative submission.

Identify and cite high-quality sources.

Use articulated reasoning while participating in an oral presentation, facilitated discussions and skills demonstrations.

Optional: Participate in a skills demonstration and/or role playing activity.

Analyze a case study.

Create an infographic, handout, and/or community resource.

Optional: Develop a study aid.

Complete a final exam.

Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.

Learning Materials / Resources:

Please use textbooks less than 5 years old or most recent edition.

1. Johnson, Ruth and Taylor, Wendy. Skills for Midwifery Practice. 4th edition. Elsevier Churchill Livingstone. 2016.
2. Frye, Anne. Healing Passage: A midwife's Guide to the care and repair of the tissues involved in birth. Sixth Edition. Labrys Press. 2010.
3. Marshall, Jayne E, Raynor, Maureen D. (editor). Myles Textbook for Midwives. Churchill Livingstone; 16 edition. 2014.
4. Varney, Helen. Varney's Midwifery, 5th Edition. Jones and Bartlett Publishers. 2014.
5. Weaver, Pam and Evans, Sharon K. Practical Skills Guide for Midwifery, 5th Edition. Morningstar Publishing Co. Wasilla. 2012.
5. Oxorn, Harry, and William R. (William Rodgers) Foote. *Oxorn-Foote Human Labor and Birth Human Labor and Birth*. McGraw-Hill. 2013.
6. MEAC Abbreviated NARM Skills Form:
<http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/FormNARMSkills.pdf>
(<http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/FormNARMSkills.pdf>)
7. MEAC Essential Competencies:
<http://www.midwiferycollege.org/downloads/worddocs/Curriculum-Checklist-of-EssentialCompetencies-rev-2014.pdf> (<http://www.midwiferycollege.org/downloads/worddocs/Curriculum-Checklist-of-EssentialCompetencies-rev-2014.pdf>)
8. Midwives Model of Care®: <http://cfmidwifery.org/mmoc/brochures.aspx>
(<http://cfmidwifery.org/mmoc/brochures.aspx>)

9. Students must find 1 article/study less than 5 years old. Recommended internet links as needed for latest developments in midwifery care:

<https://www.midwiferycollege.edu/resources-national-college-of-midwi>

[\(https://www.midwiferycollege.edu/resources-national-college-of-midwi\)](https://www.midwiferycollege.edu/resources-national-college-of-midwi)

Evaluation Tools / Methods:




The minimum passing grade for all courses is a cumulative 80% / B-. Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of general education courses supervision is completed.


















All assignments for this course are evaluated using the following criteria:

















1. Responses to each didactic assessment are evaluated utilizing the NCM rubrics and degree level profile.
2. Answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
3. Non-plagiarized paraphrased answers from the text which demonstrate appropriate comprehension of the learning objective. (Formative Assessment) Students and preceptors are encouraged to work together until the student masters the information. (Summative Assessment)
4. Random evaluation of cited sources and page numbers for each written assignment.


















Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the Learning Objectives to the level of 80% for midwifery courses and 70% for general education courses and to complete any learning activities to the preceptor's satisfaction, including any time spent face to face with the preceptor. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.


















Course Summary:






Date	Details
Tue Jul 25, 2017	 Office Hours (https://ncm.instructure.com/calendar?event_id=142&include_contexts=course_172) 8am to 9am
	 A Note on Community Building Activities (https://ncm.instructure.com/courses/172/assignments/9902)
	 A-2 Pertinent Patient History (PP) (https://ncm.instructure.com/courses/172/assignments/9897)

Date	Details
	 <u>Birth and Placenta Old Video</u> https://ncm.instructure.com/courses/172/assignments/11322
	 <u>Exams and Quizzes</u> (https://ncm.instructure.com/courses/172/assignments/9903)
	 <u>Highly Recommended Optional Enrichment Activities</u> https://ncm.instructure.com/courses/172/assignments/13506
	 <u>Journal Article Summary</u> https://ncm.instructure.com/courses/172/assignments/9904
	 <u>Knots</u> (https://ncm.instructure.com/courses/172/assignments/9906)
	 <u>MW340-001 - What maternal vital signs should be evaluated during the first three hours postpartum?</u> https://ncm.instructure.com/courses/172/assignments/9836
	 <u>MW340-002 - At what intervals should the above vital signs be evaluated?</u> https://ncm.instructure.com/courses/172/assignments/9837
	 <u>MW340-003 - Discuss the physiology of normal placental separation. Describe what is happening in the uterus beginning from the expulsion of the neonate and ending with the expulsion of the placenta.</u> https://ncm.instructure.com/courses/172/assignments/9838
	 <u>MW340-004 - Describe difference between the Schultze and Duncan mechanisms of placental expulsion.</u> https://ncm.instructure.com/courses/172/assignments/9839
	 <u>MW340-005 - What are the signs of placental separation and why are they significant for a midwife waiting to facilitate the delivery of the placenta?</u> https://ncm.instructure.com/courses/172/assignments/9840
	 <u>MW340-006 - How much time is appropriate to wait for the spontaneous separation and delivery of the placenta?</u> https://ncm.instructure.com/courses/172/assignments/9841
	 <u>MW340-007 - How can universal precautions be observed during the normal delivery of the placenta?</u> https://ncm.instructure.com/courses/172/assignments/9842
	 <u>MW340-008 - Is there a specific maternal position that is best for the delivery of the placenta? If so, what is it?</u> https://ncm.instructure.com/courses/172/assignments/9843
	 <u>MW340-009 - Describe the steps of “expectant management” or maternal initiated third stage.</u> (https://ncm.instructure.com/courses/172/assignments/9844)
	 <u>MW340-010 - Describe the steps of “active management” or clinician initiated third stage.</u> (https://ncm.instructure.com/courses/172/assignments/9845)
	 <u>MW340-011 - Discuss the pros and cons of “active” vs. “expectant” management.</u> (https://ncm.instructure.com/courses/172/assignments/9846)
	 <u>MW340-012 - What tools and equipment are used during the delivery of the placenta?</u> (https://ncm.instructure.com/courses/172/assignments/9847)

Date	Details
	 <u>MW340-013 - Discuss the mechanics of controlled cord traction. What are the risks and benefits of using this technique?</u> (https://ncm.instructure.com/courses/172/assignments/9848)
	 <u>MW340-014 - Describe the manual exploration of the uterus. What hand maneuvers are used during this procedure?</u> (https://ncm.instructure.com/courses/172/assignments/9849)
	 <u>MW340-015 - Describe the manual removal of the placenta. When is this necessary?</u> (https://ncm.instructure.com/courses/172/assignments/9850)
	 <u>MW340-016 - Describe manual manipulations that can be done by the midwife to help contract the uterus after the completed delivery of the placenta.</u> (https://ncm.instructure.com/courses/172/assignments/9851)
	 <u>MW340-017 - Discuss the principles of assessing blood loss. During what time period should this assessment be done?</u> (https://ncm.instructure.com/courses/172/assignments/9852)
	 <u>MW340-018 - How is the uterus assessed postpartum? What findings are considered within normal limits? What findings are not?</u> (https://ncm.instructure.com/courses/172/assignments/9853)
	 <u>MW340-019 - Describe the two sides of the placenta and the physiology related to its structure.</u> (https://ncm.instructure.com/courses/172/assignments/9854)
	 <u>MW340-020 - Why is it important to examine the placenta after its delivery?</u> (https://ncm.instructure.com/courses/172/assignments/9855)
	 <u>MW340-021 - Discuss the examination of the placenta and umbilical cord. Include what equipment is needed, what parts of the placenta are observed, what changes in structure would be important to note during this examination.</u> (https://ncm.instructure.com/courses/172/assignments/9856)
	 <u>MW340-022 - Describe the different rationales for the various schools of thought on the timing of clamping and cutting of the cord.</u> (https://ncm.instructure.com/courses/172/assignments/9857)
	 <u>MW340-023 - What instruments are needed to cut the umbilical cord and prevent neonatal bleeding?</u> (https://ncm.instructure.com/courses/172/assignments/9858)
	 <u>MW340-024 - Why is cleanliness important when cutting the umbilical cord?</u> (https://ncm.instructure.com/courses/172/assignments/9859)
	 <u>MW340-025 - Discuss the OSHA guidelines in regard to the disposal of the placenta.</u> (https://ncm.instructure.com/courses/172/assignments/9860)
	 <u>MW340-026 - Discuss how to check for lacerations after birth. Give a step-by-step explanation.</u> (https://ncm.instructure.com/courses/172/assignments/9861)
	 <u>MW340-027 - How long should a midwife wait to inspect for lacerations caused during birth?</u> (https://ncm.instructure.com/courses/172/assignments/9862)
	 <u>MW340-028 - Discuss how to position yourself to inspect for lacerations. What elements are important in the positioning of both mother and midwife?</u>

Date	Details
	<p>(https://ncm.instructure.com/courses/172/assignments/9863)</p>
	<p> MW340-029 - Discuss the anatomical landmarks that can help with distinguishing between layers of lacerated tissue. (https://ncm.instructure.com/courses/172/assignments/9864)</p>
	<p> MW340-030 - How are 1st and 2nd degree lacerations defined? (https://ncm.instructure.com/courses/172/assignments/9865)</p>
	<p> MW340-031 - How are 3rd and 4th degree lacerations defined? (https://ncm.instructure.com/courses/172/assignments/9866)</p>
	<p> MW340-032 - When is it appropriate to transfer to another facility for suturing? (https://ncm.instructure.com/courses/172/assignments/9867).</p>
	<p> MW340-033 - Discuss when suturing is necessary versus unnecessary. (https://ncm.instructure.com/courses/172/assignments/9868)</p>
	<p> MW340-034 - What is the overall goal of perineal repair? (https://ncm.instructure.com/courses/172/assignments/9869)</p>
	<p> MW340-035 - Describe the way in which a midwife would obtain informed consent before repairing a laceration? (https://ncm.instructure.com/courses/172/assignments/9870)</p>
	<p> MW340-036 - How is a sterile field created for suturing postpartum? (https://ncm.instructure.com/courses/172/assignments/9871)</p>
	<p> MW340-037 - Why is it important to observe sterile technique when suturing? (https://ncm.instructure.com/courses/172/assignments/9872)</p>
	<p> MW340-038 - Discuss the instruments and equipment used for suturing. Explain the use of each item. (https://ncm.instructure.com/courses/172/assignments/9873)</p>
	<p> MW340-039 - Describe the application of topical anesthesia. (https://ncm.instructure.com/courses/172/assignments/9874)</p>
	<p> MW340-040 - Describe the application of intramuscular anesthesia to a lacerated area. (https://ncm.instructure.com/courses/172/assignments/9875)</p>
	<p> MW340-041 - Discuss how to tie a knot at the apex of the tear. What types of knots can be used? What type should be avoided? (https://ncm.instructure.com/courses/172/assignments/9876)</p>
	<p> MW340-042 - Discuss the use of at least 4 kinds of stitches. How is each placed? How is it best used in a perineal repair? (https://ncm.instructure.com/courses/172/assignments/9877)</p>
	<p> MW340-043 - Discuss the risks of having excessive and inadequate tension in your stitches. (https://ncm.instructure.com/courses/172/assignments/9878)</p>
	<p> MW340-044 - Discuss the order in which the tissues are repaired after a 2nd degree laceration. (https://ncm.instructure.com/courses/172/assignments/9879)</p>
	<p> MW340-045 - What is the difference between a 2-0, 3-0, and 4-0 suture? When is appropriate to use each?</p>

Date	Details
	https://ncm.instructure.com/courses/172/assignments/9880
	MW340-046 - What is the difference between a taper point and a cutting needle? When is it appropriate to use each? (https://ncm.instructure.com/courses/172/assignments/9881)
	MW340-047 - Describe proper handling of suture material. (https://ncm.instructure.com/courses/172/assignments/9882)
	MW340-048 - What is an anchor stitch? Why is this stitch important? (https://ncm.instructure.com/courses/172/assignments/9883)
	MW340-049 - Discuss the dangers of leaving “dead space” when suturing. (https://ncm.instructure.com/courses/172/assignments/9884)
	MW340-050 - Discuss the method for evaluating whether or not urethral trauma has occurred. (https://ncm.instructure.com/courses/172/assignments/9885)
	MW340-051 - Discuss how a urinary catheter can be useful when repairing and periurethral tear. (https://ncm.instructure.com/courses/172/assignments/9886)
	MW340-052 - Discuss two methods for the removal or repair of a skin tag. (https://ncm.instructure.com/courses/172/assignments/9887)
	MW340-053 - Describe the appropriate method for cleaning up the mother after a perineal repair has been completed. (https://ncm.instructure.com/courses/172/assignments/9888)
	MW340-054 - Describe the appropriate method of clean-up and disposal of equipment and supplies used during suturing. (https://ncm.instructure.com/courses/172/assignments/9889)
	MW340-055 - Discuss what equipment can be used to help women keep the perineum clean and reduce risk of infection after the repair of a laceration. (https://ncm.instructure.com/courses/172/assignments/9890)
	MW340-056 - Discuss how to perform a sterile urinary catheterization. (https://ncm.instructure.com/courses/172/assignments/9891)
	MW340-057 - What instructions should be given to the mother regarding self-care following the repair of a laceration with sutures? (https://ncm.instructure.com/courses/172/assignments/9892)
	MW340-058 - How is maternal temperature used postpartum to rule out infection? (https://ncm.instructure.com/courses/172/assignments/9893)
	MW340-059 - When is it important to draw blood postpartum? (https://ncm.instructure.com/courses/172/assignments/9894)
	MW340-060 - Discuss the OSHA guidelines in regards to cleaning up after a home birth. (https://ncm.instructure.com/courses/172/assignments/9895)
	MW340-061 - Discuss the precautions a midwife should take to prevent the spread of blood-borne illness postpartum. (https://ncm.instructure.com/courses/172/assignments/9896)
	Optional NARM Like Exam

Date	Details
	(https://ncm.instructure.com/courses/172/assignments/9900)
	 Optional: Create a Set of Flashcards to Study for the NARM Exam (https://ncm.instructure.com/courses/172/assignments/15221)
	 Student Evaluation of Course and Instructor (https://ncm.instructure.com/courses/172/assignments/9899)
	 Third-Stage of Labor (https://ncm.instructure.com/courses/172/assignments/11321)
	 Updated Knowledge and Technology (https://ncm.instructure.com/courses/172/assignments/9909)
	 Working in a confined space (https://ncm.instructure.com/courses/172/assignments/9907)