Course Syllabus

Jump to Today



PSY 224: Communication & Counseling

Credits: 1.0

Course Description: This course provides an exploration of the impact that language and attitude can have on the new parents' abilities to integrate information and make decisions and the midwife's responsibility to communicate in a manner that encourages understanding and growth. It includes an overview of therapeutic modalities, the role of cultural background in communication, and the importance of the midwife's communication style and emotional support in order for the parent to absorb new information and take on the role of parenthood.

Learning Objectives

<u>Learning objectives</u> are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

Learning Activities

Read, listen to, watch assigned lesson materials.

Submit a written summary of current research.

Complete oral and/or written formative didactic assessments with final summative submission.

Identify and cite high-quality sources.

Use articulated reasoning while participating in an oral presentation, facilitated discussions and skills demonstrations.

Submit a portfolio.

Conduct an interview and/or develop a survey

Perform a self-assessment and/or self-reflection on learning.

Complete a final exam.

Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.

<u>Learning Materials / Resources:</u>

Please use textbooks less than 5 years old or most recent edition.

- 1. Ivey, Allen, et al. Intentional interviewing and counseling: facilitating client development in a multicultural society. 9th edition. Brooks Cole. 2017.
- MEAC Abbreviated NARM Skills Form:

http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/For m-NARMSkills.pdf

3. MEAC Essential Competencies: http://www.midwiferycollege.org/downloads/worddocs/Curriculum-Checklist-ofEssential-Competencies-rev-2014.pdf

(http://www.midwiferycollege.org/downloads/worddocs/Curriculum-Checklist-ofEssential-Competencies-rev-2014.pdf)_

- 4. Midwives Model of Care®: http://cfmidwifery.org/mmoc/brochures.aspx (http://cfmidwifery.org/mmoc/brochures.aspx)
- 5. Students must find 1 article/study less than 5 years old. Recommended internet links as needed for latest developments in midwifery care: https://www.midwiferycollege.edu/resources-national-college-of-midwi (https://www.midwiferycollege.edu/resources-national-college-of-midwi)

Evaluation Tools / Methods:

The minimum passing grade for all courses is a cumulative 70% / C-. Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of general education courses supervision is completed

All assignments for this course are evaluated using the following criteria:

- 1. Responses to each didactic assessment are evaluated utilizing the NCM rubrics and degree level profile.
- 2. Answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
- 3. Non-plagiarized paraphrased answers from the text which demonstrate appropriate comprehension of the learning objective. (Formative Assessment) Students and preceptors are encouraged to work together until the student masters the information. (Summative Assessment)
- 4. Random evaluation of cited sources and page numbers for each written assignment.

Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the Learning Objectives to the level of 80% for midwifery courses and 70% for general education courses and to complete any learning activities to the preceptor's satisfaction, including any time spent face to face with the preceptor. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.

Course Summary:

Date	Details	
Tue Jul 25, 2017	Office Hours (https://ncm.instructure.com/calendar? event_id=123&include_contexts=course_145)	8am to 9am
	A Note on Community Building Activities (https://ncm.instructure.com/courses/145/assignments/6903)	
	Apprentice Initial Interviewing/Counseling	

(https://ncm.instructure.com/courses/145/assignments/6920)

- Bereavement Kit (https://ncm.instructure.com/courses/145/assignments/6913)
- Counseling Resources

 (https://ncm.instructure.com/courses/145/assignments/11323)
- End of Chapter 1 Activities

 (https://ncm.instructure.com/courses/145/assignments/6919)
- End of Chapter 2 Activities
 (https://ncm.instructure.com/courses/145/assignments/7706)
- End of Chapter 3 Activities

 (https://ncm.instructure.com/courses/145/assignments/7705)
- End of Chapter 4 Activities

 (https://ncm.instructure.com/courses/145/assignments/7704)
- End of Chapter 5 Activities

 (https://ncm.instructure.com/courses/145/assignments/7703)
- End of Chapter 6 Activities

 (https://ncm.instructure.com/courses/145/assignments/7702)
- End of Chapter 7 Activities

 (https://ncm.instructure.com/courses/145/assignments/7701)
- End of Chapter 8 Activities

 (https://ncm.instructure.com/courses/145/assignments/7707)
- Exams and Quizzes (https://ncm.instructure.com/courses/145/assignments/6904)
- Final Quiz: PSY224 Communication & Counseling (https://ncm.instructure.com/courses/145/assignments/6834)
- Highly Recommended Optional Enrichment Activities (https://ncm.instructure.com/courses/145/assignments/13514)
- Journal Article Summary

 (https://ncm.instructure.com/courses/145/assignments/6905)
- Miscarriage and Pregnancy Loss
 (https://ncm.instructure.com/courses/145/assignments/6916)
- Optional NARM Like Exam
 (https://ncm.instructure.com/courses/145/assignments/7711)
- Optional: Create a Set of Flashcards to Study for the NARM Exam (https://ncm.instructure.com/courses/145/assignments/15115)
- Order a Bereavement Kit

 (https://ncm.instructure.com/courses/145/assignments/6835)
- PSY224-001- Define interviewing and give an example of how this is done by midwives. (https://ncm.instructure.com/courses/145/assignments/6836)
- PSY224-002- Briefly describe the similarities and differences between

counseling and interviewing.

(https://ncm.instructure.com/courses/145/assignments/6837)

- PSY224-003- Describe how psychotherapy is different from both interviewing and counseling. (https://ncm.instructure.com/courses/145/assignments/6838)
- PSY224-004-Briefly define the microskills hierarchy.
 (https://ncm.instructure.com/courses/145/assignments/6839)
- PSY224-005-List the levels of the microskills hierarchy. (https://ncm.instructure.com/courses/145/assignments/6840)
- PSY224-006-Briefly describe how mastering the microskills pyramid is related to developing your own personal counseling style.

 (https://ncm.instructure.com/courses/145/assignments/6841)
- PSY224-007 Briefly describe the five steps of drawing out a client's story.

 (https://ncm.instructure.com/courses/145/assignments/6842)
- PSY224-008- Summarize a definition of intentional interviewing. (https://ncm.instructure.com/courses/145/assignments/6843)
- PSY224-009- Briefly describe cultural intentionality in interviewing. (https://ncm.instructure.com/courses/145/assignments/6844)
- PSY224-012 Briefly describe how ethics relates to counseling. (https://ncm.instructure.com/courses/145/assignments/6847)
- PSY224-013 Discuss the implications of power differentials in a counseling relationship. (https://ncm.instructure.com/courses/145/assignments/6848)
- PSY224-014 Discuss how counseling and social justice issues overlap. (https://ncm.instructure.com/courses/145/assignments/6849)
- PSY224-015 Define multicultural competence.
 (https://ncm.instructure.com/courses/145/assignments/6850)
- PSY224-016 What are the results that can be predicted when employing an understanding of multicultural competence?

 (https://ncm.instructure.com/courses/145/assignments/6851)
- PSY224-017 How does an awareness of yourself as a cultural being help you relate to others? (https://ncm.instructure.com/courses/145/assignments/6852)
- PSY224-018 Briefly give an example of privilege.
 (https://ncm.instructure.com/courses/145/assignments/6853)
- PSY224-019 Briefly describe some of the skills that contribute to effective multicultural practice. (https://ncm.instructure.com/courses/145/assignments/6854)
- PSY224-020 Define worldview.
 (https://ncm.instructure.com/courses/145/assignments/6855)
- PSY224-021 Briefly describe the RESPECTFUL model.

 (https://ncm.instructure.com/courses/145/assignments/6856)
- PSY224-022 Discuss wellness psychology.

(https://ncm.instructure.com/courses/145/assignments/6857)

PSY224-023 - Describe a strengths based approach.
(https://ncm.instructure.com/courses/145/assignments/6858)

PSY224-024 - Describe the concept of the "indivisible self". (https://ncm.instructure.com/courses/145/assignments/6859)

PSY224-026 - Define attending.
(https://ncm.instructure.com/courses/145/assignments/6861)

PSY224-027 - What are some of the predicted results of good attending? (https://ncm.instructure.com/courses/145/assignments/6862)

PSY224-028 - List a few of the dimensions that make up good attending. (https://ncm.instructure.com/courses/145/assignments/6863)

PSY224-029 - Explain how attending behaviors might be modified when counseling someone who is hearing impaired.

(https://ncm.instructure.com/courses/145/assignments/6864)

PSY224-030 - Describe some of the variations in vocal quality that might be needed in attending depending on who your client may be.

(https://ncm.instructure.com/courses/145/assignments/6865)

PSY224-031 - Discuss the importance of verbal tracking. (https://ncm.instructure.com/courses/145/assignments/6866)

PSY224-032 - Discuss when non-attention is necessary. (https://ncm.instructure.com/courses/145/assignments/6867)

PSY224-033 - Describe the use of silence for the interviewer. (https://ncm.instructure.com/courses/145/assignments/6868)

PSY224-035 - Describe the difference between open and closed questions. (https://ncm.instructure.com/courses/145/assignments/6870)

PSY224-036 - What types of answers are expected from open questions? (https://ncm.instructure.com/courses/145/assignments/6871)

PSY224-037 - What types of answers are expected from closed questions? (https://ncm.instructure.com/courses/145/assignments/6872)

PSY224-038 - Give an example of a question that brings a concrete aspect of a client's experience. (https://ncm.instructure.com/courses/145/assignments/6873)

PSY224-039 - Discuss how the first word of a question can influence how a client might answer it. (https://ncm.instructure.com/courses/145/assignments/6874)

PSY224-040 - Give an example of some of the ways that questions can cause problems in an interview.

(https://ncm.instructure.com/courses/145/assignments/6875)

PSY224-041 - Discuss an issue of cultural competence that may arise from questions asking style.

(https://ncm.instructure.com/courses/145/assignments/6876)



PSY224-043 - Describe some of the behaviors that should be observed during an interview. (https://ncm.instructure.com/courses/145/assignments/6878)

- PSY224-044 What types of nonverbal behavior is helpful to observe during an interview? (https://ncm.instructure.com/courses/145/assignments/6879)
- PSY224-045 What types of verbal behavior should be observed during an interview? (https://ncm.instructure.com/courses/145/assignments/6880)
- PSY224-046 Discuss what types of conflicts or discrepancies should be identified if they occur in an interview.

 (https://ncm.instructure.com/courses/145/assignments/6881)
- PSY224-047 What are three attributes of active listening? (https://ncm.instructure.com/courses/145/assignments/6882)
- PSY224-048 Describe three behaviors that are encouraging during an interview. (https://ncm.instructure.com/courses/145/assignments/6883)
- PSY224-049 Briefly describe how to effectively paraphrase as a part of active listening. (https://ncm.instructure.com/courses/145/assignments/6884)
- PSY224-050 Briefly describe how to summarize during an interview. (https://ncm.instructure.com/courses/145/assignments/6885)
- PSY224-051 Define reflection of feelings.
 (https://ncm.instructure.com/courses/145/assignments/6886)
- PSY224-052 What is the purpose of reflecting feelings during an interview?

 (https://ncm.instructure.com/courses/145/assignments/6887)
- PSY224-053 Discuss the identification of emotions in an interview. What aspects of expression should be observed?

 (https://ncm.instructure.com/courses/145/assignments/6888)
- PSY224-054 Briefly describe how to appropriately reflect feelings in an interview. (https://ncm.instructure.com/courses/145/assignments/6889)
- PSY224-055 Describe the Basic Listening Sequence. (https://ncm.instructure.com/courses/145/assignments/6890)
- PSY224-056 Discuss the importance of empathy in listening. (https://ncm.instructure.com/courses/145/assignments/6891)
- PSY224-057 Give the three types of empathetic understanding. (https://ncm.instructure.com/courses/145/assignments/6892)
- PSY224-058 Define positive regard toward a client.
 (https://ncm.instructure.com/courses/145/assignments/6893)
- PSY224-059 Discuss behaviors that reflect respect and warmth toward a client. (https://ncm.instructure.com/courses/145/assignments/6894)
- Reproductive and Sexual Coercion
 (https://ncm.instructure.com/courses/145/assignments/6901)
- Student Evaluation of Course and Instructor

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Date	Details

(https://ncm.instructure.com/courses/145/assignments/6896)

Summary #2: Steps For CPM's To Be Part Of The Solution To Inequities In Maternity Care (https://ncm.instructure.com/courses/145/assignments/6898)

Summary #3: March of Dimes on Loss & Grief
(https://ncm.instructure.com/courses/145/assignments/6899)

Summary #4: Healthcare Issues and Survivors of Sexual Violence (https://ncm.instructure.com/courses/145/assignments/6900)

Summary #6: Teen Dating Violence (https://ncm.instructure.com/courses/145/assignments/6902)

Updated Knowledge and Technology (https://ncm.instructure.com/courses/145/assignments/6912)

Vicarious Trauma and Self-Care
(https://ncm.instructure.com/courses/145/assignments/6915)

Violence Against Transgendered People
(https://ncm.instructure.com/courses/145/assignments/6914)

Well-Formed Interview (https://ncm.instructure.com/courses/145/assignments/6918)