

# Course Syllabus

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**MW303**

**Course Title: Antepartum Provision of Care**

**Credits: 1.0**

**Course Description:** This course serves as an academic overview of antepartum management by a midwife of a healthy pregnant client and fetus. Topics in this course include the determination of pregnancy, the evaluation of normal physiological and psychological changes in pregnancy, the formulation of a comprehensive care plan including the client and the client's family, and the thorough education of the client about their pregnancy and the factors that may affect it. Common questions, risks, and comfort measures for the antepartum period are covered in detail.

This course uses current research in midwifery and obstetrics to broaden the student's understanding of the NARM skills and MEAC essential competencies learned under clinical supervision.

## **Learning Objectives**

Introduction to the [Midwives Model of Care](http://cfmidwifery.org/mmoc/define.aspx). [\(http://cfmidwifery.org/mmoc/define.aspx\)](http://cfmidwifery.org/mmoc/define.aspx)

**Learning objectives** are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

## **Learning Activities**

Antepartum Courses

Read, listen to, watch assigned lesson materials.

Submit a written summary of current research.

Complete oral and/or written formative didactic assessments with final summative submission.

Identify and cite high-quality sources.

Use articulated reasoning while participating in an oral presentation, facilitated discussions and skills demonstrations.

Submit a portfolio.

Analyze a case study.

Optional: Participate in a skills demonstration and/or role-playing activity.

Optional: Develop a study aid.

Complete a final exam.

*Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.*

### **Learning Materials / Resources:**

*Please use textbooks less than 5 years old or most recent edition.*

1. **Fraser, DM, et al. Myles Textbook for Midwives. Churchill Livingstone**  
**(<http://www.worldcat.org/title/myles-textbook-for-midwives/oclc/52143613/editions?editionsView=true&referer=br>)**  
**Press. (<http://www.worldcat.org/title/myles-textbook-for-midwives/oclc/52143613/editions?editionsView=true&referer=br>)**
2. **Varney, Helen. Varney's Midwifery. Jones and Bartlett Publishers.**  
**(<http://www.worldcat.org/title/varneys-midwifery/oclc/44957675/editions?editionsView=true&referer=br>)**
3. **Frye, Anne. Holistic Midwifery: A comprehensive Textbook for Midwives and Home Birth Practice, Vol I, Care During Pregnancy. Labrys Press. (<http://www.worldcat.org/title/holistic-midwifery-a-comprehensive-textbook-for-midwives-in-homebirth-practice/oclc/50199830/editions?editionsView=true&referer=br>)**
4. **Davis, Elizabeth. Heart and Hands: A midwife's guide to pregnancy and birth. Celestial Arts Press.**  
**(<http://www.worldcat.org/title/heart-hands-a-midwives-guide-to-pregnancy-and-birth/oclc/754714041/editions?editionsView=true&referer=br>)**
5. **Weaver, Pam and Evans, Sharon K. Practical Skills Guide for Midwifery. Morningstar Publishing Co. Wasilla. (<http://www.worldcat.org/title/practical-skills-guide-for-midwifery-a-tool-for-midwives-students/oclc/35112025/editions?editionsView=true&referer=br>)**
6. **MEAC Abbreviated NARM Skills Form**  
**(<http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/Form-NARMSkills.pdf>)**
7. MANA Core Competencies for Midwives
8. Midwives Model of Care®.
9. Students must find 1 article/study less than 5 years old. Recommended internet links as needed for latest developments in midwifery care:
  - **The Cochrane Collaboration** (<http://www.cochrane.org/>)
  - **EBSCO** (<http://ejournals.ebsco.com/login.asp?bCookiesEnabled=TRUE>)
  - **National Library of Medicine** (<https://www.nlm.nih.gov/>)
  - **PubMed** (<https://www.ncbi.nlm.nih.gov/pubmed/>)
  - **ScienceDirect** (<http://www.sciencedirect.com/>)

- [Medscape \(http://www.medscape.com/womenshealth\)](http://www.medscape.com/womenshealth)
- [World Health Organization \(http://www.who.int/en/\)](http://www.who.int/en/)

### **Evaluation Tools / Methods:**





The minimum passing grade for all courses is a cumulative 80% / B-. Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of general education courses supervision is completed.

All assignments for this course are evaluated using the following criteria:

1. Responses to each didactic assessment are evaluated utilizing the NCM rubrics and degree level profile.
2. Answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
3. Non-plagiarized paraphrased answers from the text which demonstrate appropriate comprehension of the learning objective. (Formative Assessment) Students and preceptors are encouraged to work together until the student masters the information. (Summative Assessment)
4. Random evaluation of cited sources and page numbers for each written assignment.

*Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the Learning Objectives to the level of 80% for midwifery courses and 70% for general education courses and to complete any learning activities to the preceptor's satisfaction, including any time spent face to face with the preceptor. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.*















## Course Summary:


















Date	Details
Tue Jul 25, 2017	 <a href="https://ncm.instructure.com/calendar?event_id=119&amp;include_contexts=course_141">Office Hours (https://ncm.instructure.com/calendar?event_id=119&amp;include_contexts=course_141)</a> 8am to 9am
	 <a href="https://ncm.instructure.com/courses/141/assignments/10870">36-Week Home Visit Role Play (https://ncm.instructure.com/courses/141/assignments/10870)</a>
	 <a href="https://ncm.instructure.com/courses/141/assignments/6630">A Note on Community Building Activities (https://ncm.instructure.com/courses/141/assignments/6630)</a>
	 <a href="https://ncm.instructure.com/courses/141/assignments/9435">Congenital Rubella Syndrome (https://ncm.instructure.com/courses/141/assignments/9435)</a>



















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**Exams and Quizzes** (<https://ncm.instructure.com/courses/141/assignments/6631>)**Highly Recommended Optional Enrichment Activities**(<https://ncm.instructure.com/courses/141/assignments/13604>)**Journal Article Summary**(<https://ncm.instructure.com/courses/141/assignments/6633>)**MW303-001 - Discuss how to approach the following topics with your client during your initial visit.**(<https://ncm.instructure.com/courses/141/assignments/6559>)**MW303-002 - List at least four factors that should be discussed when facilitating a pregnant woman's decision on where to give birth.**(<https://ncm.instructure.com/courses/141/assignments/6560>)**MW303-003 - Discuss what social/psychological factors might make a hospital birth the best choice for some women.**(<https://ncm.instructure.com/courses/141/assignments/6561>)**MW303-004 - Give 3 examples of ways that pregnancy can affect an intimate (partner) relationship. Discuss how to inform a client/couple of these possible changes.** (<https://ncm.instructure.com/courses/141/assignments/6562>)**MW303-005 - Discuss the difference between normal physiological function and pathology in pregnancy and how to explain this difference to a client seeking midwifery care.**(<https://ncm.instructure.com/courses/141/assignments/6563>)**MW303-006 - Discuss at least 5 elements that are essential to an informed consent (disclosure) document and why these elements are important.**(<https://ncm.instructure.com/courses/141/assignments/6564>)**MW303-007 - Provide a draft informed consent for your (future) practice including the elements you have discussed above.**(<https://ncm.instructure.com/courses/141/assignments/6565>)**MW303-008 - Discuss the importance of talking over an informed consent document as well as providing the client with a printed copy.**(<https://ncm.instructure.com/courses/141/assignments/6566>)**MW303-009 - Give an example of how you would discuss the topic of client responsibility. Include examples of self-care that the client is responsible for in achieving a positive pregnancy outcome.**(<https://ncm.instructure.com/courses/141/assignments/6567>)**MW303-010 - Discuss the three ways that a midwife can individualize care for her clients.** (<https://ncm.instructure.com/courses/141/assignments/6568>)**MW303-011 - Discuss the role of active listening in providing individualized care.** (<https://ncm.instructure.com/courses/141/assignments/6569>)**MW303-012 - Explain the importance of continuity of care in the childbearing cycle.** (<https://ncm.instructure.com/courses/141/assignments/6570>)**MW303-013 - Describe how continuity of care can be maintained in a practice with more than one midwife.**

Date	Details
	<p>(<a href="https://ncm.instructure.com/courses/141/assignments/6571">https://ncm.instructure.com/courses/141/assignments/6571</a>)</p>
	<p> <b>MW303-014 - Explain the importance of a social support network during the childbearing year. Give an example of how to identify a client's social support network.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6572">https://ncm.instructure.com/courses/141/assignments/6572</a>)</p>
	<p> <b>MW303-015 - Explain in detail how the following topics are covered in the initial visit and list any handouts that might help the client understand these topics throughout pregnancy.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6573">https://ncm.instructure.com/courses/141/assignments/6573</a>)</p>
	<p> <b>MW303-016 - Give 3 examples of occupational hazards that might endanger a pregnant woman or fetus.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6574">https://ncm.instructure.com/courses/141/assignments/6574</a>)</p>
	<p> <b>MW303-017 - Discuss behaviors that, if reported, might alert a provider to the possibility of abuse in client's relationship.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6575">https://ncm.instructure.com/courses/141/assignments/6575</a>)</p>
	<p> <b>MW303-018 - Discuss what the midwife can do if a client discloses that they are in a violent relationship.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6576">https://ncm.instructure.com/courses/141/assignments/6576</a>)</p>
	<p> <b>MW303-019 - Discuss the ways in which emotional and physical abuse are distinct and may also be overlapping.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6577">https://ncm.instructure.com/courses/141/assignments/6577</a>)</p>
	<p> <b>MW303-020 - Discuss ways in which past sexual abuse/assault could be discussed with a client who is planning to give birth for the first time.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6578">https://ncm.instructure.com/courses/141/assignments/6578</a>)</p>
	<p> <b>MW303-021 - List four things that you would discuss with parents about sexual intercourse during pregnancy and give your reasons for each.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6579">https://ncm.instructure.com/courses/141/assignments/6579</a>)</p>
	<p> <b>MW303-022 - Discuss the protein requirements for pregnant women and how you might counsel a vegetarian client on how to fulfill these requirements in a healthy way during pregnancy.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6580">https://ncm.instructure.com/courses/141/assignments/6580</a>)</p>
	<p> <b>MW303-023 - Discuss 4 vitamins and/or minerals that are recommend during pregnancy. List the recommended daily dose and food rich in these nutrients.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6581">https://ncm.instructure.com/courses/141/assignments/6581</a>)</p>
	<p> <b>MW303-024 - Discuss calorie requirements for the average pregnant woman and healthy ways to fulfill these requirements.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6582">https://ncm.instructure.com/courses/141/assignments/6582</a>)</p>
	<p> <b>MW303-025 - Discuss the reason for doing a Pap test during an initial visit and the lab work that is often collected during this exam.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6583">https://ncm.instructure.com/courses/141/assignments/6583</a>)</p>
	<p> <b>MW303-026 - Explain the difference between presumptive and probable signs of pregnancy.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6584">https://ncm.instructure.com/courses/141/assignments/6584</a>)</p>
	<p> <b>MW303-027 - Give an example of two positive signs of pregnancy.</b> (<a href="https://ncm.instructure.com/courses/141/assignments/6585">https://ncm.instructure.com/courses/141/assignments/6585</a>)</p>

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	 <b>MW303-028 - Discuss some causes of bleeding in the first trimester.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6586">https://ncm.instructure.com/courses/141/assignments/6586</a>
	 <b>MW303-029 - Explain how the midwife evaluates the need for intervention or consult.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6587">https://ncm.instructure.com/courses/141/assignments/6587</a>
	 <b>MW303-030 - Case example: A new client comes to a midwife 6 weeks pregnant. She reports she is a regular smoker and prior to her knowledge that she was pregnant she drank 3-5 drinks per week. Discuss how the midwife should counsel her on this behavior and</b> <a href="https://ncm.instructure.com/courses/141/assignments/6588">https://ncm.instructure.com/courses/141/assignments/6588</a>
	 <b>MW303-031 - Explain the evaluations that should be made at every prenatal visit and why.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6589">https://ncm.instructure.com/courses/141/assignments/6589</a>
	 <b>MW303-032 - Describe the usual schedule for prenatal visits.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6590">https://ncm.instructure.com/courses/141/assignments/6590</a>
	 <b>MW303-033 - Explain the areas of teaching that should be covered at the following prenatal visits.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6591">https://ncm.instructure.com/courses/141/assignments/6591</a>
	 <b>MW303-034 - Describe five normal symptoms of pregnancy and their causes.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6592">https://ncm.instructure.com/courses/141/assignments/6592</a>
	 <b>MW303-035 - Name the approximate week when the mother will begin to feel fetal movement.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6593">https://ncm.instructure.com/courses/141/assignments/6593</a>
	 <b>MW303-036 - Name a cause of morning sickness, how it can be relieved, and how long it lasts.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6594">https://ncm.instructure.com/courses/141/assignments/6594</a>
	 <b>MW303-037 - Describe normal changes you might expect in skin pigmentation during pregnancy.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6595">https://ncm.instructure.com/courses/141/assignments/6595</a>
	 <b>MW303-038 - Discuss some causes of urinary frequency in the first and third trimesters and describe some relief measures.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6596">https://ncm.instructure.com/courses/141/assignments/6596</a>
	 <b>MW303-039 - Discuss some causes of heartburn and what can be done to alleviate it.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6597">https://ncm.instructure.com/courses/141/assignments/6597</a>
	 <b>MW303-040 - Discuss some causes of constipation and what can be done to relieve it.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6598">https://ncm.instructure.com/courses/141/assignments/6598</a>
	 <b>MW303-041 - Explain why women are more likely to get hemorrhoids during pregnancy and what can be done to relieve these.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6599">https://ncm.instructure.com/courses/141/assignments/6599</a>
	 <b>MW303-042 - Discuss the measures that can be used to relieve leg cramps.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6600">https://ncm.instructure.com/courses/141/assignments/6600</a>
	 <b>MW303-043 - Discuss the causes and symptoms of round ligament pain.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6601">https://ncm.instructure.com/courses/141/assignments/6601</a>
	 <b>MW303-044 - Explain why it is normal for pregnant women to have some dependent edema.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6602">https://ncm.instructure.com/courses/141/assignments/6602</a>

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	 <b>MW303-045 - Explain why some women are more prone to varicose veins and what can be done for them.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6603">https://ncm.instructure.com/courses/141/assignments/6603</a>
	 <b>MW303-046 - Describe how you would distinguish lower back pain from UTI.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6604">https://ncm.instructure.com/courses/141/assignments/6604</a>
	 <b>MW303-047 - Discuss the causes of hyperventilation and shortness of breath.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6605">https://ncm.instructure.com/courses/141/assignments/6605</a>
	 <b>MW303-048 - Discuss the causes of tingling and numbness of fingers during pregnancy.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6606">https://ncm.instructure.com/courses/141/assignments/6606</a>
	 <b>MW303-049 - Explain why supine hypotension in pregnancy is dangerous.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6607">https://ncm.instructure.com/courses/141/assignments/6607</a>
	 <b>MW303-050 - Discuss what a midwife should tell parents about the following and why.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6608">https://ncm.instructure.com/courses/141/assignments/6608</a>
	 <b>MW303-051 - Explain why sitting or standing for long periods of time is harmful to pregnant women even if they are in good physical shape.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6609">https://ncm.instructure.com/courses/141/assignments/6609</a>
	 <b>MW303-052 - List three benefits of daily exercise for pregnant women.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6610">https://ncm.instructure.com/courses/141/assignments/6610</a>
	 <b>MW303-053 - Discuss the advice that should be given to pregnant women who are traveling.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6611">https://ncm.instructure.com/courses/141/assignments/6611</a>
	 <b>MW303-054 - Discuss the issues that should be covered when preparing a sibling of a new baby in the family.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6612">https://ncm.instructure.com/courses/141/assignments/6612</a>
	 <b>MW303-055 - Discuss your management of the rubella susceptible woman.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6613">https://ncm.instructure.com/courses/141/assignments/6613</a>
	 <b>MW303-056 - Describe the abdominal findings that will help you evaluate fetal growth.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6614">https://ncm.instructure.com/courses/141/assignments/6614</a>
	 <b>MW303-057 - Describe the abdominal evaluations, which will help you evaluate fetal well-being.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6615">https://ncm.instructure.com/courses/141/assignments/6615</a>
	 <b>MW303-058 - Discuss when it is important to estimate fetal weight.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6616">https://ncm.instructure.com/courses/141/assignments/6616</a>
	 <b>MW303-059 - List five things that are used to evaluate fetal status.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6617">https://ncm.instructure.com/courses/141/assignments/6617</a>
	 <b>MW303-060 - Discuss the ways in which fetal movements are used to determine fetal well-being.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6618">https://ncm.instructure.com/courses/141/assignments/6618</a>
	 <b>MW303-061 - Name the period when fetal brain growth peaks.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6619">https://ncm.instructure.com/courses/141/assignments/6619</a>
	 <b>MW303-062 - Explain what range of birth weight is optimum for an infant to</b>



Date	Details
	reach its greatest potential for intelligence and minimizes the potential for physical disability. ( <a href="https://ncm.instructure.com/courses/141/assignments/6620">https://ncm.instructure.com/courses/141/assignments/6620</a> )
	 <b>MW303-063 -Explain the value of anticipatory guidance in pregnancy and the issues of childbearing.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6621">https://ncm.instructure.com/courses/141/assignments/6621</a>
	 <b>MW303-064 - Explain why it is important to impart information that affects the woman's or the baby's health or safety.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6622">https://ncm.instructure.com/courses/141/assignments/6622</a>
	 <b>MW303-065 - Describe the various prenatal tests that are routinely performed in your community for pregnant women.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6623">https://ncm.instructure.com/courses/141/assignments/6623</a>
	 <b>MW303-066 - Discuss why it is necessary to interpret clinical and lab findings to each client and give your rationale.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6624">https://ncm.instructure.com/courses/141/assignments/6624</a>
	 <b>MW303-067 - Describe the Patient's Bill of Rights.</b> <a href="https://ncm.instructure.com/courses/141/assignments/6625">https://ncm.instructure.com/courses/141/assignments/6625</a>
	 <b>MW303-068 - Describe at least 2 principles of the Midwife's Model of Care that relate to communication between clients and midwife during the prenatal period.</b> ( <a href="https://ncm.instructure.com/courses/141/assignments/6626">https://ncm.instructure.com/courses/141/assignments/6626</a> )
	 <b>Optional: Create a Set of Flashcards to Study for the NARM Exam</b> <a href="https://ncm.instructure.com/courses/141/assignments/15199">https://ncm.instructure.com/courses/141/assignments/15199</a>
	 <b>Risking a client out of care</b> <a href="https://ncm.instructure.com/courses/141/assignments/11264">https://ncm.instructure.com/courses/141/assignments/11264</a>
	 <b>Smoking in Pregnancy</b> <a href="https://ncm.instructure.com/courses/141/assignments/9436">https://ncm.instructure.com/courses/141/assignments/9436</a>
	 <b>Student Evaluation of Course and Instructor</b> <a href="https://ncm.instructure.com/courses/141/assignments/6628">https://ncm.instructure.com/courses/141/assignments/6628</a>
	 <b>Updated Knowledge and Technology</b> <a href="https://ncm.instructure.com/courses/141/assignments/6644">https://ncm.instructure.com/courses/141/assignments/6644</a>
	 <b>Venipuncture</b> ( <a href="https://ncm.instructure.com/courses/141/assignments/11174">https://ncm.instructure.com/courses/141/assignments/11174</a> )