

Course Syllabus

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Course Title: Well Woman Physical Assessment

Credits: 1.0

Course Description: Through this course, the student will learn how to perform a complete physical examination relevant to the well-woman visit. This course focuses in-depth on anatomical structures that are examined during well-woman care and the skills needed to screen clients for possible abnormalities or pathology. The course is broken down into four sections: general exam, breast exam, pelvic exam and rectal exam. This course uses current research in midwifery and obstetrics to broaden the student's understanding of the NARM skills and MEAC core competencies learned under clinical supervision.

Learning Objectives

Learning objectives are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

Learning Activities

1. Student reads appropriate sections from the Learning Materials/Resources.
2. Student answers the questions listed in the didactic assessments by researching the learning materials/resources for the course and correctly citing the sources and page numbers for each of their answers.
3. Student presents the answers to the questions listed in the didactic assessments for review by preceptor.
4. Student participates in preceptor elaboration/discussion of didactic assessments.
5. Student participates in recommended role-playing and/or clinical interactions

Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.

Learning Materials/Resources:

Please use textbooks less than 5 years old or most recent edition.

1. [Lynn S. Bickley \(Editor\), Peter G., M.D. Szilagyi \(Editor\), Fiona R. Prabhu \(Contributor\). Bates' Guide to Physical Examination and History Taking.](http://www.worldcat.org/title/bates-guide-to-physical-examination-and-history-taking/oclc/61334476/editions?editionsView=true&referer=br) (<http://www.worldcat.org/title/bates-guide-to-physical-examination-and-history-taking/oclc/61334476/editions?editionsView=true&referer=br>)

2. Weaver, Pam and Evans, Sharon K. Practical Skills Guide for Midwifery. Morningstar Publishing Co. Wasilla. (<http://www.worldcat.org/title/practical-skills-guide-for-midwifery-a-tool-for-midwives-students/oclc/35112025/editions?editionsView=true&referer=br>)
3. Tharpe, N., Farley, C. and Jordan, R.G. Clinical Practice Guidelines for Midwifery and Women's Health. 5th edition. Jones and Bartlett Learning. 2017. (<http://www.worldcat.org/title/clinical-practice-guidelines-for-midwifery-womens-health/oclc/952801814?referer=di&ht=edition>)
4. MEAC Abbreviated NARM Skills Form. (<http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/Form-NARMSkills.pdf>)
5. MEAC Core Competencies for Midwives. (<http://meacschools.org/wp-content/uploads/2014/12/Curriculum-Checklist-of-Essential-Competencies-rev-2014.pdf>)
6. Midwives Model of Care®. (<http://cfmidwifery.org/mmoc/define.aspx>)

7. Students must find 1 article/study less than 5 years old. Recommended internet links as needed for latest developments in midwifery care:

- The Cochrane Collaboration (<http://www.cochrane.org/>)
- EBSCO (<http://ejournals.ebsco.com/login.asp?bCookiesEnabled=TRUE>)
- National Library of Medicine (<https://www.nlm.nih.gov/>)
- PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/>)
- ScienceDirect (<http://www.sciencedirect.com/>)
- Medscape (<http://www.medscape.com/womenshealth>)
- World Health Organization (<http://www.who.int/en/>)

Evaluation Tools / Methods:

The minimum passing grade for all courses is a cumulative 80% / B-. Students and preceptors are encouraged to work together until the student masters the information.

Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of a general education course supervision, if required, is completed.

The student's final grade for the course is based on preceptor evaluation of the following:

1. The preceptor evaluates each answer based on NCM rubrics and NCM's degree level profile.
2. Student's answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
3. Each answer should be formed in the student's own words or paraphrased from the text. The answer should be minimal, not a rewrite of the entire text, but enough to show appropriate comprehension of the learning objective.
4. Student identification of sources and page numbers for each of the didactic assessments. (Preceptor should do a random check to determine that sources cited are correctly identified.)