

# Course Syllabus

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**Course Code: MW 342**

**Course Title: Postpartum Physical Assessment**

**Credits: 0.5**

## **Course Description:**

This course is designed for students to gain a thorough understanding of the physiological and anatomical changes of the postnatal period. The student will learn how to conduct a physical examination during the early postpartum period and evaluate the normal changes that occur through six weeks postpartum. The students will gain an understanding of how to assess the breasts postpartum and how this relates to critical breastfeeding support for mothers. Emphasis is placed on increasing the student's knowledge of how to perform physical assessment and understand abnormal findings.

This course uses current research in midwifery and obstetrics to broaden the student's understanding of the NARM skills and MEAC essential competencies learned under clinical supervision.

## **Learning Objectives**

**Learning objectives** are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

## **Learning Activities**

1. Student reads appropriate sections from the Learning Materials/Resources.
2. Student answers the questions listed in the didactic assessments by researching the learning materials/resources for the course and correctly citing the sources and page numbers for each of their answers.
3. Student presents the answers to the questions listed in the didactic assessments for review by preceptor.
4. Student participates in preceptor elaboration/discussion of didactic assessments.
5. Student participates in recommended role-playing and/or clinical interactions

*Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.*

## **Learning Materials / Resources:**

*Please use textbooks less than 5 years old or most recent edition.*

1. Bickley, Lynn. Bate's guide to physical exam and history taking. 12th edition. Lippincott Williams and Wilkins. 2016
2. Wylie, Linda. Essential Anatomy and Physiology in Maternity care. Second edition. Elsevier. 2005
3. Tharpe, Nell and Farley, Cindy. Clinical Practice Guidelines for Midwifery and Women's Health. 4th edition. Jones and Bartlett Publishing. 2012
4. Varney, Helen. Varney's Midwifery, 5th Edition. Jones and Bartlett Publishers. 2014.
5. Johnson, Ruth and Taylor, Wendy. Skills for Midwifery Practice. 4th edition. Elsevier Churchill Livingstone. 2016.
6. Weaver, Pam and Evans, Sharon K. Practical Skills Guide for Midwifery, 5th Edition. Morningstar Publishing Co. Wasilla. 2012.
7. Davis, Elizabeth. Heart and Hands: A midwife's guide to pregnancy and birth. 5th Edition. Celestial Arts Press. 2012
8. MEAC Abbreviated NARM Skills Form:  
<http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/FormNARMSkills.pdf>  
(<http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/FormNARMSkills.pdf>)
9. MEAC Essential Competencies:  
<http://www.midwiferycollege.org/downloads/worddocs/Curriculum-Checklist-of-EssentialCompetencies-rev-2014.pdf> \_(<http://www.midwiferycollege.org/downloads/worddocs/Curriculum-Checklist-of-EssentialCompetencies-rev-2014.pdf>)
10. Midwives Model of Care®: <http://cfmidwifery.org/mmoc/brochures.aspx>  
(<http://cfmidwifery.org/mmoc/brochures.aspx>)
11. Students must find 1 article/study less than 5 years old. Recommended internet links as needed for latest developments in midwifery care: <https://www.midwiferycollege.edu/resources-national-college-of-midwi> \_(<https://www.midwiferycollege.edu/resources-national-college-of-midwi>)

### **Evaluation Tools / Methods:**

The minimum passing grade for all courses is a cumulative 80% / B-. Students and preceptors are encouraged to work together until the student masters the information.









Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of a general education course supervision, if required, is completed.

The student's final grade for the course is based on preceptor evaluation of the following:

1. The preceptor evaluates each answer based on NCM rubrics and NCM's degree level profile.
2. Student's answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
3. Each answer should be formed in the student's own words or paraphrased from the text. The answer should be minimal, not a rewrite of the entire text, but enough to show appropriate comprehension of the learning objective.
4. Student identification of sources and page numbers for each of the didactic assessments. (Preceptor should do a random check to determine that sources cited are correctly identified.)

*Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the assignments to the level of 80% and to complete any learning activities to the preceptor's satisfaction, including any time spent face to face with the preceptor. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.*

## Course Summary:

Date	Details
Tue Jul 25, 2017	 <a href="https://ncm.instructure.com/calendar?event_id=144&amp;include_contexts=course_177">Office Hours (https://ncm.instructure.com/calendar?event_id=144&amp;include_contexts=course_177)</a> 8am to 9am
	 <a href="https://ncm.instructure.com/courses/177/assignments/10047">A Note on Community Building Activities (https://ncm.instructure.com/courses/177/assignments/10047)</a>
	 <a href="https://ncm.instructure.com/courses/177/assignments/10048">Exams and Quizzes (https://ncm.instructure.com/courses/177/assignments/10048)</a>
	 <a href="https://ncm.instructure.com/courses/177/assignments/10050">Journal Article Summary (https://ncm.instructure.com/courses/177/assignments/10050)</a>
	 <a href="https://ncm.instructure.com/courses/177/assignments/10002">MW342-001 - Discuss the intervals at which a mother should be physically evaluated during the immediate postpartum period. (https://ncm.instructure.com/courses/177/assignments/10002)</a>
	 <a href="https://ncm.instructure.com/courses/177/assignments/10004">MW342-002 - Involution is the same in a woman who has delivered vaginally, by cesarean section, or had a SAB/TAB. Describe uterine involution. Include a general timeline for the events involved. (https://ncm.instructure.com/courses/177/assignments/10004)</a>
	 <a href="https://ncm.instructure.com/courses/177/assignments/10005">MW342-003 - Describe how the uterus is assessed postpartum and the significance of the findings. Give not only immediate postpartum changes, but those expected in the first two weeks as well. What are the signs and symptoms of sub-involution? (https://ncm.instructure.com/courses/177/assignments/10005)</a>
	 <a href="https://ncm.instructure.com/courses/177/assignments/10006">MW342-004 - Describe the amounts and colors of lochia and the names given to each type. (https://ncm.instructure.com/courses/177/assignments/10006)</a>