

# Course Syllabus

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**Course Code:** MW 350

**Course Title:** Perinatal Education Including Human Lactation

**Credits:** 3.0

## **Course Description:**

This course ensures the student knows the appropriate information that should be provided to clients in a childbirth class through designing a childbirth education curriculum outline and teaching a childbirth education series. Additionally, this course provides a comprehensive introduction to human lactation and the breastfeeding relationship including mechanisms and importance of breastfeeding while emphasizing skills to identify and solve common problems that occur during early breastfeeding when both mother and baby are most likely to be in midwifery care.

(This course is not intended to train the student as a lactation consultant.)

This course uses current research in midwifery and obstetrics to broaden the student's understanding of the NARM skills and MEAC essential competencies learned under clinical supervision.

## **Learning Objectives**

**Learning objectives** are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

## **Learning Activities**

1. Student reads appropriate sections from the Learning Materials/Resources.
2. Student answers the questions listed in the didactic assessments by researching the learning materials/resources for the course and correctly citing the sources and page numbers for each of their answers.
3. Student presents the answers to the questions listed in the didactic assessments for review by preceptor.
4. Student participates in preceptor elaboration/discussion of didactic assessments.
5. Student participates in recommended role-playing and/or clinical interactions

*Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.*

## **Learning Materials / Resources:**

*Please use textbooks less than 5 years old or most recent edition.*

### **Required Resources:**

Mohrbacher, N. (2005). *The breastfeeding answer book*. Schaumburg, IL: La Leche League International.

Mohrbacher, N. (2010). *Breastfeeding Answers Made Simple*. Amarillo, TX. Hale Publishing. (NARM Test Resource)

Dr. Jack Newman and the International Breast Feeding Centre Website. 2011. <http://ibconline.ca/>  
(<http://ibconline.ca/>)

Davis, Elizabeth (2012). *Heart and Hands: A Midwife's Guide to Pregnancy and Birth*. (NARM Test Resource)

### **Optional Resources:**

Mohrbacher, Nancy. *Breastfeeding answers made simple: a pocket guide for helping mothers*. Amarillo, TX: Hale Publishing, 2012.

Simkin, P. (2017). *Pregnancy, Childbirth and the Newborn*. S.I.: Meadowbrook Press, U.S.

Gaskin, Ina May. *Ina May's Guide to Breastfeeding*. Bantam Press 2009.

The ICEA guide to childbirth education by the International Childbirth Education Association, Meadowbrook publishing, 2011.

England, P. (2017). *Ancient Map for Modern Birth*. Seven Gates Media.

Simkin, P. (2017). *Birth partner: a complete guide to childbirth for dads, doulas, and all other labor companions*. Harvard Common Press.

Renfrew, Mary, et al. *Bestfeeding: Getting Breastfeeding Right for You: an Illustrated Guide*. Celestial Arts, 2000.

### **MEAC Abbreviated NARM Skills Form**

(<http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/Form-NARMSkills.pdf>)

### **MEAC Core Competencies for Midwives** (<http://meacschools.org/wp-content/uploads/2014/12/Curriculum-Checklist-of-Essential-Competencies-rev-2014.pdf>)

### **Midwives Model of Care®** (<http://cfmidwifery.org/mmoc/define.aspx>)

### **Evaluation Tools / Methods:**

The minimum passing grade for all courses is a cumulative 80% / B-. Students and preceptors are encouraged to work together until the student masters the information.











Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of a general education course supervision, if required, is completed.

The student's final grade for the course is based on preceptor evaluation of the following:

1. The preceptor evaluates each answer based on NCM rubrics and NCM's degree level profile.
2. Student's answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
3. Each answer should be formed in the student's own words or paraphrased from the text. The answer should be minimal, not a rewrite of the entire text, but enough to show appropriate comprehension of the learning objective.
4. Student identification of sources and page numbers for each of the didactic assessments. (Preceptor should do a random check to determine that sources cited are correctly identified.)

*Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the assignments to the level of 80% and to complete any learning activities to the preceptor's satisfaction, including any time spent face to face with the preceptor. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.*

## Course Summary:

Date	Details
Tue Jul 25, 2017	 <a href="https://ncm.instructure.com/calendar?event_id=20&amp;include_contexts=course_68">Office Hours (https://ncm.instructure.com/calendar?event_id=20&amp;include_contexts=course_68)</a> 8am to 9am
	 <a href="https://ncm.instructure.com/courses/68/assignments/3186">3 day Postpartum Evaluation (https://ncm.instructure.com/courses/68/assignments/3186)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/4840">A Note on Community Building Activities (https://ncm.instructure.com/courses/68/assignments/4840)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/3212">Assisting Latch (https://ncm.instructure.com/courses/68/assignments/3212)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/3208">Basic Counseling Skills (https://ncm.instructure.com/courses/68/assignments/3208)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/3211">Becoming an IBCLC - Easy after you are licensed (https://ncm.instructure.com/courses/68/assignments/3211)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/3184">Breast Anatomy (https://ncm.instructure.com/courses/68/assignments/3184)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/3214">Breast Anatomy and Milk Production (https://ncm.instructure.com/courses/68/assignments/3214)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/3209">Breast Crawl (https://ncm.instructure.com/courses/68/assignments/3209)</a>
	 <a href="https://ncm.instructure.com/courses/68/assignments/3210">Breastfeeding Positions (https://ncm.instructure.com/courses/68/assignments/3210)</a>
	<a href="#">Childbirth Class Outline</a>