

Course Syllabus

[Jump to Today.](#)



Course Title: Antepartum Physical Assessment

Credits: 0.50

Course Description: This course is designed to prepare the midwife to identify symptoms, and to perform the skills needed to provide a complete physical assessment of women during the antepartum period within the scope of midwifery practice. Presented symptoms are used as a guide to discover the cause, and to discriminate between the normal and pathological. Emphasis is placed on increasing the student's knowledge of how to perform physical assessment and understand abnormal findings.

This course uses current research in midwifery and obstetrics to broaden the student's understanding of the NARM skills and MEAC essential competencies learned under clinical supervision.

Learning Objectives

Learning objectives are identified through the linking of MEAC Essential Competencies and the NCM Degree Qualification Profile.

Learning Activities

1. Student reads appropriate sections from the Learning Materials/Resources.
2. Student answers the questions listed in the didactic assessments by researching the learning materials/resources for the course and correctly citing the sources and page numbers for each of their answers.
3. Student presents the answers to the questions listed in the didactic assessments for review by preceptor.
4. Student participates in preceptor elaboration/discussion of didactic assessments.
5. Student participates in recommended role-playing and/or clinical interactions

Note: The clinical requirement of NARM /Clinical Skills is completed at any time throughout the ASM apprenticeship during actual clinical practice and is NOT a requirement to complete this academic course. Typical clinical manifestations of knowledge learned in this course are identified in the learning objective document above.

Learning Materials / Resources:

Please use textbooks less than 5 years old or most recent edition.

1. [Lynn S. Bickley \(Editor\), Peter G., M.D. Szilagyi \(Editor\), Fiona R. Prabhu \(Contributor\). Bates' Guide to Physical Examination and History Taking.](http://www.worldcat.org/title/bates-guide-to-physical-examination-and-history-taking/oclc/61334476/editions?editionsView=true&referer=br) [. \(http://www.worldcat.org/title/bates-guide-to-physical-examination-and-history-taking/oclc/61334476/editions?editionsView=true&referer=br\)](http://www.worldcat.org/title/bates-guide-to-physical-examination-and-history-taking/oclc/61334476/editions?editionsView=true&referer=br)
2. [Wyllie, Linda. Essential anatomy and physiology in maternity care. Elsevier.](http://www.worldcat.org/title/essential-anatomy-and-physiology-in-maternity-care/oclc/44694304/editions?editionsView=true&referer=br) [. \(http://www.worldcat.org/title/essential-anatomy-and-physiology-in-maternity-care/oclc/44694304/editions?editionsView=true&referer=br\)](http://www.worldcat.org/title/essential-anatomy-and-physiology-in-maternity-care/oclc/44694304/editions?editionsView=true&referer=br)
3. [Varney et al. Varney's Midwifery. Jones and Bartlett Publishers.](http://www.worldcat.org/title/varneys-midwifery/oclc/913506930?referer=br&ht=edition) [. \(http://www.worldcat.org/title/varneys-midwifery/oclc/913506930?referer=br&ht=edition\)](http://www.worldcat.org/title/varneys-midwifery/oclc/913506930?referer=br&ht=edition) 2015.
4. [Johnson, Ruth and Taylor, Wendy. Skills for Midwifery Practice. Elsevier Churchill Livingston.](http://www.worldcat.org/title/skills-for-midwifery-practice/oclc/61260087/editions?editionsView=true&referer=br) [. \(http://www.worldcat.org/title/skills-for-midwifery-practice/oclc/61260087/editions?editionsView=true&referer=br\)](http://www.worldcat.org/title/skills-for-midwifery-practice/oclc/61260087/editions?editionsView=true&referer=br)
5. [Weaver, Pam and Evans, Sharon K. Practical Skills Guide for Midwifery. Morningstar Publishing Co. Wasilla.](http://www.worldcat.org/title/practical-skills-guide-for-midwifery-a-tool-for-midwives-students/oclc/35112025/editions?editionsView=true&referer=br) [. \(http://www.worldcat.org/title/practical-skills-guide-for-midwifery-a-tool-for-midwives-students/oclc/35112025/editions?editionsView=true&referer=br\)](http://www.worldcat.org/title/practical-skills-guide-for-midwifery-a-tool-for-midwives-students/oclc/35112025/editions?editionsView=true&referer=br)
6. [Davis, Elizabeth. Heart and Hands: A midwife's guide to pregnancy and birth. Celestial Arts Press.](http://www.worldcat.org/title/heart-hands-a-midwives-guide-to-pregnancy-and-birth/oclc/754714041/editions?editionsView=true&referer=br) [. \(http://www.worldcat.org/title/heart-hands-a-midwives-guide-to-pregnancy-and-birth/oclc/754714041/editions?editionsView=true&referer=br\)](http://www.worldcat.org/title/heart-hands-a-midwives-guide-to-pregnancy-and-birth/oclc/754714041/editions?editionsView=true&referer=br)
7. [Frye, Anne. Holistic Midwifery: A comprehensive Textbook for Midwives and Home Birth Practice, Vol I, Care During Pregnancy. Labrys Press.](http://www.worldcat.org/title/holistic-midwifery-a-comprehensive-textbook-for-midwives-in-homebirth-practice/oclc/50199830/editions?editionsView=true&referer=br) [. \(http://www.worldcat.org/title/holistic-midwifery-a-comprehensive-textbook-for-midwives-in-homebirth-practice/oclc/50199830/editions?editionsView=true&referer=br\)](http://www.worldcat.org/title/holistic-midwifery-a-comprehensive-textbook-for-midwives-in-homebirth-practice/oclc/50199830/editions?editionsView=true&referer=br)
8. United States department of Labor, Occupational Health and Safety Administration (OSHA). <https://www.osha.gov/>
9. [MEAC Abbreviated NARM Skills Form.](http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/Form-NARMSkills.pdf) [. \(http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/Form-NARMSkills.pdf\)](http://www.midwiferycollege.org/AcademicProgram/Downloads/ASM/Clinical/Form-NARMSkills.pdf)
10. [MEAC Core Competencies for Midwives](http://Students%20must%20find%201%20article/study%20less%20than%205%20years%20old.%20Recommended%20internet%20links%20as%20needed%20for%20latest%20) [. \(http://Students%20must%20find%201%20article/study%20less%20than%205%20years%20old.%20Recommended%20internet%20links%20as%20needed%20for%20latest%20\)](http://Students%20must%20find%201%20article/study%20less%20than%205%20years%20old.%20Recommended%20internet%20links%20as%20needed%20for%20latest%20)
11. [Midwives Model of Care®.](http://cfmidwifery.org/mmoc/define.aspx) [. \(http://cfmidwifery.org/mmoc/define.aspx\)](http://cfmidwifery.org/mmoc/define.aspx)
12. Students must find 1 article/study less than 5 years old. Recommended internet links as needed for latest developments in midwifery care:

- [The Cochrane Collaboration](http://www.cochrane.org/) (http://www.cochrane.org/)
- [EBSCO](http://ejournals.ebsco.com/login.asp?bCookiesEnabled=TRUE) (http://ejournals.ebsco.com/login.asp?bCookiesEnabled=TRUE)
- [National Library of Medicine](https://www.nlm.nih.gov/) (https://www.nlm.nih.gov/)
- [PubMed](https://www.ncbi.nlm.nih.gov/pubmed/) (https://www.ncbi.nlm.nih.gov/pubmed/)
- [ScienceDirect](http://www.sciencedirect.com/) (http://www.sciencedirect.com/)
- [Medscape](http://www.medscape.com/womenshealth) (http://www.medscape.com/womenshealth)
- [World Health Organization](http://www.who.int/en/) (http://www.who.int/en/)

Evaluation Tools / Methods:

The minimum passing grade for all courses is a cumulative 80% / B-. Students and preceptors are encouraged to work together until the student masters the information.

Grades are not recorded until both the student and preceptor submit end of trimester evaluations and in the case of a general education course supervision, if required, is completed.

The student's final grade for the course is based on preceptor evaluation of the following:

1. The preceptor evaluates each answer based on NCM rubrics and NCM's degree level profile.
2. Student's answers should reflect a thorough review of the current literature regarding best current practices in midwifery care.
3. Each answer should be formed in the student's own words or paraphrased from the text. The answer should be minimal, not a rewrite of the entire text, but enough to show appropriate comprehension of the learning objective.
4. Student identification of sources and page numbers for each of the didactic assessments. (Preceptor should do a random check to determine that sources cited are correctly identified.)

Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the assignments to the level of 80% and to complete any learning activities to the preceptor's satisfaction, including any time spent face to face with the preceptor. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.

Course Summary:

Date	Details
Tue Jul 25, 2017	<div> <div></div> <div> Office Hours (https://ncm.instructure.com/calendar?event_id=118&include_contexts=course_140) 8am to 9am </div> </div>
	<div> <div></div> <div> A Note on Community Building Activities (https://ncm.instructure.com/courses/140/assignments/6549) </div> </div>
	<div> <div></div> <div> Breast Exam (https://ncm.instructure.com/courses/140/assignments/6830) </div> </div>
	<div> <div></div> <div> Cardiac Sounds (https://ncm.instructure.com/courses/140/assignments/6832) </div> </div>
	<div> <div></div> <div> Case Study #1 (https://ncm.instructure.com/courses/140/assignments/6921) </div> </div>
	<div> <div></div> <div> Case Study #2 (https://ncm.instructure.com/courses/140/assignments/15105) </div> </div>
	<div> <div></div> <div> Checking for CVAT (https://ncm.instructure.com/courses/140/assignments/6831) </div> </div>
	<div> <div></div> <div> Disparities in fetal death rates (https://ncm.instructure.com/courses/140/assignments/6833) </div> </div>
	<div> <div></div> <div> Exams and Quizzes (https://ncm.instructure.com/courses/140/assignments/6550) </div> </div>
	<div> <div></div> <div> Highly Recommended Optional Enrichment Activities (https://ncm.instructure.com/courses/140/assignments/13603) </div> </div>
	<div> <div></div> <div> Journal Article Summary (https://ncm.instructure.com/courses/140/assignments/6551) </div> </div>
	<div> <div></div> <div> MW302-001 - Discuss the importance of explaining to a client what you are going to do before you begin a physical exam, and of obtaining consent from them. (https://ncm.instructure.com/courses/140/assignments/6514) </div> </div>
	<div> <div></div> <div> MW302-002 - What are reasons that getting a physical exam might make some pregnant people uncomfortable? How can a midwife respect these feelings and still complete her evaluation? (https://ncm.instructure.com/courses/140/assignments/6515) </div> </div>
	<div> <div></div> <div> MW302-003 - What is the difference between a physiological and pathological cause of a symptom? (https://ncm.instructure.com/courses/140/assignments/6516) </div> </div>
	<div> <div></div> <div> MW302-004 - Name some of the causes of weight loss including socioeconomic factors, which could contribute to weight loss. (https://ncm.instructure.com/courses/140/assignments/6517) </div> </div>
	<div> <div></div> <div> MW302-005 - Name some causes of fatigue. (https://ncm.instructure.com/courses/140/assignments/6518) </div> </div>
	<div> <div></div> <div> MW302-006 - Describe the vital signs systems that should be taken during the initial physical assessment of a pregnant client. Which of these will be repeated at all subsequent visit with a midwife? (https://ncm.instructure.com/courses/140/assignments/6519) </div> </div>