

Course Syllabus

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Course Number: MW450_101

Course Title: Applied Topics in Midwifery Practice: Addressing Bullying in Midwifery

Credits: 0.25

Course Description: This course provides enrollees with basic information on different types of bullying, the effects of bullying, how bullying manifests within the profession and in apprenticeships, and the underpinnings of why bullying happens. Students explore the steps victims can take to shift from victim to survivor as well as exploring if they might be both bully and victim. The course also provides NCMs position statement on incivility, bullying, and workplace violence.

Learning Objectives:

1. [Lumina Learning Objectives](https://docs.google.com/spreadsheets/d/18WdpWEDhXoegNBkljPljJPQ0K5in8bBiMHAArkUzSAU/edit?usp=sharing)
(<https://docs.google.com/spreadsheets/d/18WdpWEDhXoegNBkljPljJPQ0K5in8bBiMHAArkUzSAU/edit?usp=sharing>)
2. Reaffirm New Handbook
3. Highlight Specific Policies
4. Technology Training
 1. How to navigate various assessments within Canvas (uploading files, text box entry, quizzes)
5. Adult teaching and learning
 1. Define who fits the definition of an adult learner?
 2. Identifying the characteristics of an adult learner
6. How Competency-based education is a tool that can create equity in learning
7. Understanding the difference between formative and summative assessments
8. Understand responsibility as a preceptor to FERPA compliance
9. Learn to identify various types of bullying including verbal, social, physical, cyber, indirect, intimidation, emotional, racist, and sexual
10. Explore the effects of bullying on the victim
11. Identify common ways midwives bully each other and apprentices
 2. Understand what the term “power imbalance” means
 3. Explore the bully’s experience including their internal motivation to bully and feelings they may be experiencing
 4. Learn ways to set boundaries to help prevent bullying from starting
 5. Learn ways to move from victim to survivor and leave bullying relationships

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6. Explore ways to tell if you are a bully
7. Become familiar with the NCM Position Statement on Incivility, Bullying and Workplace Violence
8. Define Cultural sensitivity and versatility
9. Understand the Clinical teaching requirements of clinical sites
10. Understand ways to engage in Self Care for the Midwife
11. Know resources NCM offers for Keeping Organized and Students on Track

Learning Activities:

1. Read appropriate sections from the Learning Materials/Resources.
2. Complete written self-reflection assignments.
3. Complete quizzes
4. Update credentials with the college
5. Complete Evaluation of the Course

Learning Materials / Resources:

1. Farrell, M. **Bullying** [_ \(http://www.midwiferytoday.com/articles/bullying_1.asp\)](http://www.midwiferytoday.com/articles/bullying_1.asp). Midwifery Today, Issue 80, Winter 2006.
2. Farrell, M. **Who Is the Bully?** [_ \(http://www.midwiferytoday.com/articles/bullying_2.asp\)](http://www.midwiferytoday.com/articles/bullying_2.asp) Midwifery Today, Issue 81, Spring 2007.
3. Farrell, M. **The Target of the Bully and the Effects of PTSD** [_ \(http://www.midwiferytoday.com/articles/bullying_3.asp\)](http://www.midwiferytoday.com/articles/bullying_3.asp) [_ \(http://www.midwiferytoday.com/articles/bullying_3.asp\)](http://www.midwiferytoday.com/articles/bullying_3.asp). Midwifery Today, Issue 82, Summer 2007.
4. Farrell, M. **Finding Better Solutions to End Bullying – What a Midwife Can Do** [_ \(http://www.midwiferytoday.com/articles/bullying_4.asp\)](http://www.midwiferytoday.com/articles/bullying_4.asp) [_ \(http://www.midwiferytoday.com/articles/bullying_4.asp\)](http://www.midwiferytoday.com/articles/bullying_4.asp). Midwifery Today, Issue 83, Autumn 2007.
5. Farrell, M. **Finding Better Solutions to End Bullying – What an Organization Can Do** [_ \(http://www.midwiferytoday.com/articles/bullying_5.asp\)](http://www.midwiferytoday.com/articles/bullying_5.asp). Midwifery Today, Issue 84, Winter 2007.
6. Cuneo, Tracey. Bullying in Midwifery: An exploration of the power imbalance in the student/preceptor relationship. April 26, 2016.
7. **[Position Statement on Incivility, Bullying and Workplace Violence .pdf](#)**

Web Resources

1. <http://www.mentalhealthsupport.co.uk/adultbullying.html>
[_ \(http://www.mentalhealthsupport.co.uk/adultbullying.html\)](http://www.mentalhealthsupport.co.uk/adultbullying.html)
2. <http://simpleacts.org/bullying-prevention/2013/01/09/recognizing-bullying-types-corona-ca/>
[_ \(http://simpleacts.org/bullying-prevention/2013/01/09/recognizing-bullying-types-corona-ca/\)](http://simpleacts.org/bullying-prevention/2013/01/09/recognizing-bullying-types-corona-ca/)
3. <http://www.stompoutbullying.org/index.php/information-and-resources/about-bullying-and-cyberbullying/forms-bullying/>
[_ \(http://www.stompoutbullying.org/index.php/information-and-cyberbullying/forms-bullying/\)](http://www.stompoutbullying.org/index.php/information-and-cyberbullying/forms-bullying/)

[resources/about-bullying-and-cyberbullying/forms-bullying/](#)

4. <http://www.bbc.co.uk/newsbeat/article/34015449/how-do-i-know-if-im-a-bully>
(<http://www.bbc.co.uk/newsbeat/article/34015449/how-do-i-know-if-im-a-bully>)
5. <https://www.forbes.com/forbes/welcome/?toURL=https://www.forbes.com/sites/meghancasserly/2012/03/16/are-you-a-bully-and-dont-even-know-it/&refURL=&referrer=#3aeb6f05222f> (<https://www.forbes.com/forbes/welcome/?toURL=https://www.forbes.com/sites/meghancasserly/2012/03/16/are-you-a-bully-and-dont-even-know-it/&refURL=&referrer=#3aeb6f05222f>)
6. <https://www.stopbullying.gov> (<https://www.stopbullying.gov>)





Evaluation

All assignments are graded as completion grades. The minimum passing grade is 100%.

Course credit: One Academic credit equals approximately 15 hours of formal time plus 30 hours of additional study or homework. Formal time is defined as the amount of time taken to answer the Learning Objectives to the level of 100%. Informal time includes any time spent actively reading relevant sources and textbook/s, researching Learning Objectives, and studying for examinations.

*Note this course is not part of NCM's MEAC approved programs. Course credit is provided as a way to calculate the number of hours a Preceptor spends finishing the course. The standard higher education equation is a 1 credit course is equivalent to 45 hours of study time (spent in and out of the course) therefore, this 0.25 credit course is worth ~11.25 hours.

Course Summary:

Date	Details	Due
	 11 Signs You Might Be a Bully (https://ncm.instructure.com/courses/341/assignments/13425)	
	 2019 Certificate of Completion (https://ncm.instructure.com/courses/341/assignments/16479)	
	 Certificate of Completion (https://ncm.instructure.com/courses/341/assignments/16480)	
	 Clinical Site Considerations (https://ncm.instructure.com/courses/341/assignments/13609)	



[CONFIRM Current](#)

[Certificate/License is on File with](#)

[NCM \(Active Preceptors ONLY\)](#)

<https://ncm.instructure.com/courses/341/assignments/16478>



[From Victim to Survivor](#)

<https://ncm.instructure.com/courses/341/assignments/13426>



[Further Information and Resources](#)

<https://ncm.instructure.com/courses/341/assignments/13431>



[NCMs Position Statement on Incivility, Bullying and Workplace Violence](#)

<https://ncm.instructure.com/courses/341/assignments/13432>



[Predicting Your Success Sample](#)

<https://ncm.instructure.com/courses/341/assignments/14035>



[UPLOAD License or Certificate \(2019 and earlier Sections \)](#)

<https://ncm.instructure.com/courses/341/assignments/13412>



[What are the different types of bullying?](#)

<https://ncm.instructure.com/courses/341/assignments/13433>



[What does bullying look like in a midwifery apprenticeship?](#)

<https://ncm.instructure.com/courses/341/assignments/13434>



[What does bullying look like in the profession of midwifery?](#)

<https://ncm.instructure.com/courses/341/assignments/13435>



[Why does bullying happen?](#)

<https://ncm.instructure.com/courses/341/assignments/13436>
